

## Haven Happenings in **FEBRUARY**

<b>Event</b>				
Tues 1st		Free access to Gym	Pantry open	Lunch
<b><u>Wed 2nd</u></b>	<b>Massage</b>	<b>Movie Day/Free access to Gym</b>	Pantry open	lunch
<b>Thurs 3rd</b>		<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
<b><u>Fri 4th</u></b>	<b>Reflexology</b>	<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
Mon 7th		Free access to Gym	Pantry open	Lunch
Tues 8th		Free access to Gym	Pantry open	Lunch
<b><u>Wed 9th</u></b>	<b>Massage</b>	<b>Volunteer Meeting/Free access to Gym</b>	Pantry open	Lunch
<b>Thurs 10th</b>		<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
<b><u>Fri 11th</u></b>	<b>Massage</b>	<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
Mon 14th		Free access to Gym	Pantry open	Lunch
Tues 15th		Free access to Gym	Pantry open	Lunch
<b><u>Wed 16th</u></b>	<b>Massage</b>	<b>Free access to Gym Movie Day/Ladies Day only</b>	Pantry open	Lunch
<b>Thurs 17th</b>		<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
<b><u>Fri 18<sup>th</sup></u></b>	<b>Reflexology</b>	<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
Mon 21st		Free access to Gym <b>Computer course information session</b>	Pantry open	Lunch
Tues 22nd		Free access to Gym	Pantry open	Lunch
<b><u>Wed 23<sup>rd</sup></u></b>	<b>Massage</b>	Free access to Gym	Pantry open	Lunch
<b>Thurs 24th</b>		<b>Fresh fruit and vegetables available</b>	Pantry open	Lunch
<b><u>Fri 25th</u></b>	<b>Massage</b>	<b>Birthday celebration Fresh fruit and vegetables available</b>	Pantry open	Lunch
Mon 28th		Free access to Gym	Pantry open	Lunch

**FREE INTERNET ACCESS AND FOXTEL AVAILABLE  
MONDAY - FRIDAY ALL YEAR ROUND**